

**STANFORD ATHLETICS  
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www.gostanford.com**2009  
STANFORD  
WOMEN'S LACROSSE****Women's Lacrosse Contact: David Kiefer**  
**Email: dkiefer@stanford.edu • Office Phone: (650) 736-7921 • Cell Phone: (650) 759-0258****Stanford Schedule  
(10-4 overall, 6-0 MPSF)**

Date	Opponent	Time
<b>FEBRUARY...</b>		
7 (Sat.)	at Oregon*	W, 17-5
<b>12 (Thu.)</b>	<b>Fresno State*</b>	<b>W, 20-1</b>
<b>17 (Tue.)</b>	<b>Albany</b>	<b>W, 15-10</b>
<b>20 (Fri.)</b>	<b>Syracuse</b>	<b>L, 10-15</b>
25 (Wed.)	at UC Davis*	W, 20-3
28 (Sat.)	at Notre Dame	L, 8-17
<b>MARCH...</b>		
6 (Fri.)	at Saint Mary's*	W, 18-7
<b>8 (Sun.)</b>	<b>William and Mary</b>	<b>W, 18-9</b>
27 (Fri.)	at Johns Hopkins	W, 10-7
29 (Sun.)	at Maryland	L, 12-20
<b>APRIL...</b>		
<b>10 (Fri.)</b>	<b>Denver*</b>	<b>W, 17-10</b>
<b>12 (Sun.)</b>	<b>California*</b>	<b>W, 13-4</b>
17 (Fri.)	at Davidson	W, 19-4
19 (Sun.)	at North Carolina	L, 10-13
<b>24 (Fri.)</b>	<b>MPSF Semifinal</b>	<b>6 p.m.</b>
<b>26 (Sat.)</b>	<b>MPSF Final</b>	<b>1 p.m.</b>
<b>30 (Thu.)</b>	<b>Louisville</b>	<b>3 p.m.</b>
<b>MAY...</b>		
2 (Sat.)	at Pennsylvania	10 a.m.
10 (Sun.)	NCAA First Round	TBA
16 (Sat.)	NCAA Quarterfinals	TBA
22 (Fri.)	NCAA Semis (Towson, Md.)	TBA
24 (Sun.)	NCAA Final (Towson, Md.)	TBA

*All times listed are Pacific*  
\* Mountain Pacific Sports Federation  
MPSF tournament is at Stanford  
**bold indicates home game**

**General Information**

**Location:** Stanford, Calif.  
**Enrollment:** 13,198 (6,584 undergrad)  
**Nickname:** Cardinal  
**Home Field (capacity):**  
 Laird Q. Cagan Stadium (2,000)  
**Conference:** Mtn. Pacific Sports Federation  
**Athletics Web site:** gostanford.com  
**2008 Record:** 12-8 (3-2, third)  
**2008 Postseason:** MPSF Tournament champion  
**Conference titles:** 1995, 1998, 1999, 2000, 2001, 2002, 2003, 2005, 2006, 2007, 2008  
**Lacrosse Staff**  
**Head Coach:** Amy Bokker (Wm. & Mary '95)  
**Stanford Record:** 10-4 (first season)  
**Career Record:** 104-106 (13th season)  
**Assistant Coaches:**  
 Brooke McKenzie (James Madison, 2006)  
 Jaime Sellers (William and Mary, 2008)  
**Volunteer Assistant Coach:** Laura Shane

**Four-Time Defending Champs Host MPSF Tournament***No. 14 Stanford shoots for five in a row***HOME FIELD****Semifinals: Denver or UC Davis at No. 14 Stanford (10-4) • Thursday • 6 p.m.****Championship Final • Sunday • 1 p.m.****This Week**

The No. 14 Stanford women's lacrosse team aims for its fifth consecutive Mountain Pacific Sports Federation title when the Cardinal plays host to the MPSF Championship Tournament, Thursday-Sunday at Laird Q. Cagan Stadium. Stanford, having won the regular-season title with a 6-0 record, owns the No. 1 seed and earns a first-round bye. All seven MPSF teams will compete for the right to be crowned MPSF champion. The regular season only determines the seeding for this event.

**On the Net**

Live video streaming for every tournament game will be available on gostanford.com. To find the webcast links, go to the women's lacrosse page and click on the Tournament Central tool bar. There, a link can be found next to each game on the tournament schedule. There will be no live stats available.

**Tournament Central**

For up-to-date scores and matchups go the MPSF Tournament Central page at gostanford.com. The following is the specific Web address:

<http://www.gostanford.com/sports/w-lacros/spec-rel/09-mpsfc-championships.html>

**Championship Schedule**

The following is the schedule for the sixth Mountain Pacific Sports Federation women's lacrosse championship tournament:

**All games at Laird Q. Cagan Stadium (admission is free)****Thursday, April 23****MPSF Quarterfinals**

No. 2 Oregon (11-4, 4-2) vs. No. 7 Fresno State (0-13, 0-6), 1 p.m.  
 No. 3 California (6-10, 4-2) vs. No. 6 Saint Mary's (3-12, 1-5), 3:30 p.m.  
 No. 4 Denver (10-6, 4-2) vs. No. 5 UC Davis (4-10, 2-4), 6 p.m.

*No. 1 seed Stanford has quarterfinal bye***Friday, April 24****MPSF Semifinals**

Oregon-Fresno State winner vs. California-Saint Mary's winner, 3:30 p.m.  
 Stanford (10-4, 6-0) vs. Denver-UC Davis winner, 6 p.m.

**Sunday, April 26****MPSF Championship Final**

Semifinal winners, 1 p.m.

**Tough Road for Top Seeds**

Over the five-year history of the MPSF tournament, No. 1 seeds have captured the title only once. The lone exception came in 2005 when Stanford held serve. That year, Stanford went 5-0 during the conference season, beat UC Davis in the semifinals, 14-6, and then California, 12-9, in the championship. The No. 1 seeds that failed to win the title are Stanford (2004) and Denver (2006, 2007, 2008). In all, No. 1 seeds have gone a combined 6-4 in the tournament, but have a 1-4 success rate in their title quests. The lowest seed to win the event was Stanford, which was No. 3 in both 2007 and 2008.

The seeds for the 2008 tournament are: 1, Stanford; 2, Oregon; 3, California; 4, Denver; 5, UC Davis; 6, Saint Mary's; 7, Fresno State.

## MPSF Standings

Team	Conf.	Overall
<b>Stanford</b>	<b>6-0</b>	<b>10-4</b>
Oregon	4-2	11-4
Denver	4-2	10-6
California	4-2	6-10
UC Davis	2-4	4-10
Saint Mary's	1-5	3-12
Fresno State	0-6	0-13

## IWLCA Coaches Poll

1, Northwestern (15-0); 2, Maryland (16-0); 3, Pennsylvania (13-0); 4, North Carolina (13-3); 5, Duke (11-4); 6, Princeton (11-2); 7, Georgetown (11-4); 8, Syracuse (12-3); 9, Virginia (10-6); 10, Vanderbilt (9-4).

11, Notre Dame (12-4); 12, Boston University (11-3); 13, Ohio State (11-4); **14, Stanford (10-4)**; 15, Penn State (7-7); 16, Dartmouth (7-5); 17, Loyola (10-5); 18, Old Dominion (11-3); 19, New Hampshire (10-6); 20, Cornell (8-5).

## Inside Lacrosse Media Poll

1, Northwestern; 2, Maryland; 3, Penn; 4, N. Carolina; 5, Princeton; 6, Syracuse; 7, Duke; 8, Georgetown; 9, Virginia; 10, Vandy; 11, B.U.; 12, N. Dame; 13, Loyola; 14, Ohio St.; **15, Stanford**; 16, Dartmouth; 17, Old Dominion; 18, N. Hampshire; 19, Penn St.; 20, Cornell.

## 2009 Roster

No.	Name	Pos.	Ht.	Yr.	Hometown (High School)
1	Vikki Fanslow	D/M	5-5	Sr.	Farmingdale, N.Y. (Farmingdale)
2	Charity Fluharty	M	5-9	Jr.	Grove City, Ohio (Columbia School for Girls)
3	Eleanor Foote	M	5-7	Jr.	West Newton, Mass. (St. Paul's School)
4	Karen Nesbitt	M	5-10	So.	Cincinnati, Ohio (Sycamore)
5	Ashley Aruffo	D/M	5-5	So.	Wynnewood, Pa. (Episcopal Academy)
6	Jamie Nesbitt	M	5-7	Sr.	Cincinnati, Ohio (Sycamore)
7	Amanda Schwab	A	5-4	Jr.	Bryn Mawr, Pa. (Harrington)
8	Catherine Swanson	D	5-9	Fr.	Potomac, Md. (Holton-Arms School)
9	Sarah Flynn	M/A	5-6	So.	Baltimore, Md. (Towson)
11	Melissa Vogelsong	D	5-9	Sr.	Jamesville, N.Y. (Jamesville-Dewitt)
12	Maggie Sachs	A	5-6	So.	Freeland, Md. (The Park School)
13	Julie Christy	M	5-4	Jr.	Malvern, Pa. (Conestoga)
14	Claire Hubbard	A	5-2	Jr.	Lutherville, Md. (Towson)
15	Leslie Foard	M	5-8	So.	Cincinnati, Ohio (Mariemont)
16	Caroline Smith	D/M	5-5	Fr.	Dallas, Texas (The Hockaday School)
17	Paige Farmakis	D	5-4	Fr.	Chatham, N.J. (Chatham)
18	Bess Siegfried	M	5-5	Jr.	Devon, Pa. (Agnes Irwin School)
20	Dana Lindsay	M/A	5-4	Jr.	Cleveland Heights, Ohio (Cleveland Heights)
21	Maris Perlman	M	5-6	Sr.	North Kingstown, R.I. (Lincoln School)
22	Maria Fortino	M	5-4	Fr.	Owings Mills, Md. (McDonogh School)
23	Emily Layden	A	5-1	So.	Saratoga Springs, N.Y. (Saratoga Springs)
24	Lauren Schmidt	M	5-4	Jr.	Bay Shore, N.Y. (Bay Shore)
27	Ilyssa McIntyre	M	5-10	Fr.	Chatham, N.J. (Oak Knoll School)
28	Anna Boeri	M	5-8	Fr.	Phoenix, Md. (Notre Dame Prep)
30	Annie Read	G	5-9	So.	Riverside, Conn. (Greenwich)
31	Leigh Lucas	M	5-6	Jr.	Bethesda, Md. (National Cathedral School)
32	Emilie Boeri	M	5-9	Fr.	Phoenix, Md. (Notre Dame Prep)
33	Erika Herrera	A	5-5	Fr.	Vienna, Va. (St. Stephen's and St. Agnes School)
35	Sarah Blahnik	M	5-8	Jr.	Wayland, Mass. (Montrose School)

## MPSF Teams in Tournament Play

Here are the records of each school in MPSF tournament play since the conference was created in 2004:

Stanford 11-1, California 5-4, Denver 4-5, Oregon 2-4, UC Davis 1-5, Saint Mary's 0-4, Fresno State 0-0.

## Postseason Success

Stanford has had great success since becoming a varsity sport and entering NCAA Division I play in 1995, through years in three conferences: the Western Women's Lacrosse League (1995-2001), Mountain Pacific Lacrosse League (2002-2003) and Mountain Pacific Sports Federation (2004-present). Here are some facts that illustrate the Cardinal's success in conference postseason play:

- 11 conference titles in 14 years
- All-time postseason record (including 2006 NCAA game): 29-4
- Record in conference tournaments: 29-3
- Conference tournament record since 1998: 26-1
- Record in conference championship games: 11-1
- Record in MPSF tournament play: 11-1
- Record in MPSF championship games: 4-1
- Winning streak in MPSF tournament play: 10
- Last loss in MPSF tournament play: 2004
- Current conference winning streak (including regular season): 9
- Consecutive conference titles: 4

## Possible Semifinal Opponent: Denver

Stanford and Denver have developed a strong postseason rivalry, having met in the MPSF championship the past three years. Stanford has won each, but not without a fight. Last year, Stanford held off Denver, 9-8. In 2007, the Cardinal won 12-11. In both, Denver was the top seed and Stanford emerged as the No. 3 seed. Despite a 17-10 loss to Stanford, Denver still seems formidable. The Pioneers were the coaches' preseason choice to win, and had a preseason Top 20 ranking.

## Possible Semifinal Opponent: UC Davis

Going back to the 1990's as club teams and in their early varsity years, Stanford and UC Davis were rivals and regarded as the top teams in their conference. However, since 1997, Stanford has grabbed a 19-3 series lead over the Aggies. This year, Stanford won at Davis, 20-3, scoring 15 consecutive goals. The Cardinal is 6-0 against the Aggies in conference tournament play, with three of those victories coming in consecutive championships games of the Western Women's Lacrosse League (1998-2000).

## MPSF Team Notes (by seeding)

- **Stanford** has outscored MPSF opponents by a combined 105-30. The Cardinal has outscored conference opponents by 12.5 goals per game, by an average score of 17-5. Stanford's balanced attack features 10 players with nine or more goals, led by Sarah Flynn's 31. Goalie Annie Read has a 5.00 goals-against average in MPSF play.
- **Oregon** faced Stanford in the first game of the season, losing 17-5, but since has won respect and even a few votes in the national coaches' poll. The Ducks tied a school record for most conference victories (four), and have impressive wins over Denver (11-9) and Virginia Tech (15-10). Oregon got the No. 2 seed by virtue of its better aggregate goal margin in head-to-head play against Cal and Denver.
- Molly Everett scored a free-position shot in overtime to give **California** a 13-12 victory over Oregon in the regular-season finale and boost itself to a No. 3 seed. The Golden Bears played a brutal schedule that included seven games against ranked teams, and all resulted in big losses.
- Karen Morton (44 goals, 10 assists) of **Denver** is the conference scoring leader with 54 points. The Pioneers came closer to Stanford (17-10) than anyone else in the conference.
- Britt Farquharson has scored 30 goals in 10 games for **UC Davis**.
- P.J. Hainley has scored 42 goals for **Saint Mary's**.
- First-year program **Fresno State** is looking for its first victory.

